1. Use of non-corrosive hard particle abrasion to treat a rolling element bearing component, the hard particle abrasion including the steps of:

immersing the bearing component in a receptacle containing hard particles; and agitating the bearing component and/or hard particles to produce relative movement therebetween and to improve the surface topography of the component.

- 2. Use according to claim 1, wherein the hard particle abrasion is performed for between 10 minutes and 1 hour.
- 3. Use according to claim 1 or 2, wherein the relative movement is produced by rotating the component in one direction while the receptacle is rotated in the opposite direction.
- 4. Use according to any one of claims 1 to 3, wherein the hard particles comprise alumina.
- 5. A rolling element bearing component treated in accordance with any one of the preceding claims.

- 6. A rolling element bearing component according to claim 5 wherein the surface finish of the component is improved from around 0.13 μm to around 0.07 μm.
- 7. A rolling element bearing component according to claim 5 or claim 6, wherein the compressive stress in the surface of the component is increased by between 200 MPa and 500 MPa.
- 8. A rolling element bearing component according to any one of claims 5 to 7, wherein the rolling contact fatigue life of the component is significantly enhanced.
- 9. A rolling element bearing component according to any of claims 5 to 8, wherein a surface finish on the component is produced which requires no further machining.
- 10. A rolling element bearing comprising one or more components according to any one of claims 5 to 9.